



KONGU ARTS AND SCIENCE COLLEGE

(An Autonomous Institution, Affiliated to Bharathiar University, Coimbatore)

ERODE – 638 107

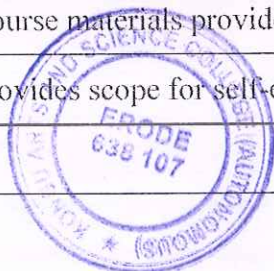
DEPARTMENT OF PHYSICAL EDUCATION

17VPDHF – HEALTH AND FITNESS MANAGEMENT (2021 - 2022) – REPORT

Name of the Value Added Course	HEALTH AND FITNESS MANAGEMENT
Course code	17VPDHF
Course Coordinator	Dr. A. SANKAR Director of Physical Education, Department of Physical Education
Date	Starting Date: 25.10.2021 Ending Date: 20.01.2022
Duration of the Course	40 Hours
Total participants Enrolled	169
Successfully Completed	140
Type of Assessment	Practical
Course Outcome	On Completion of this course the students will be able to <ul style="list-style-type: none">❖ Understand the basic concepts of fundamental fitness.❖ To maintain fitness and reduced the obesity❖ learn fitness trainer
Outcome Attainment	140 out of 169 Students scored above 60% of Marks

Feedback Question Analysis – Questions Asked

Q. No.	Parameters
Q1	The Course content was in line with my expectations
Q2	General content of the Course
Q3	The Course provided additional knowledge and skill
Q4	Well-designed Practical sessions
Q5	Schedule of the classes and other relevant details have been informed promptly
Q6	Course materials provided were useful
Q7	Provides scope for self-employment and fulfills the industrial needs



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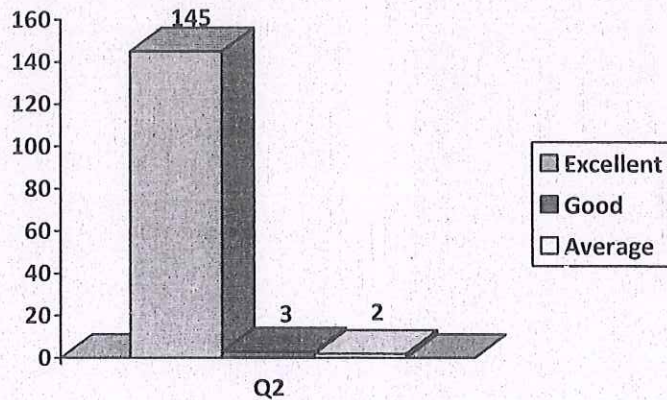
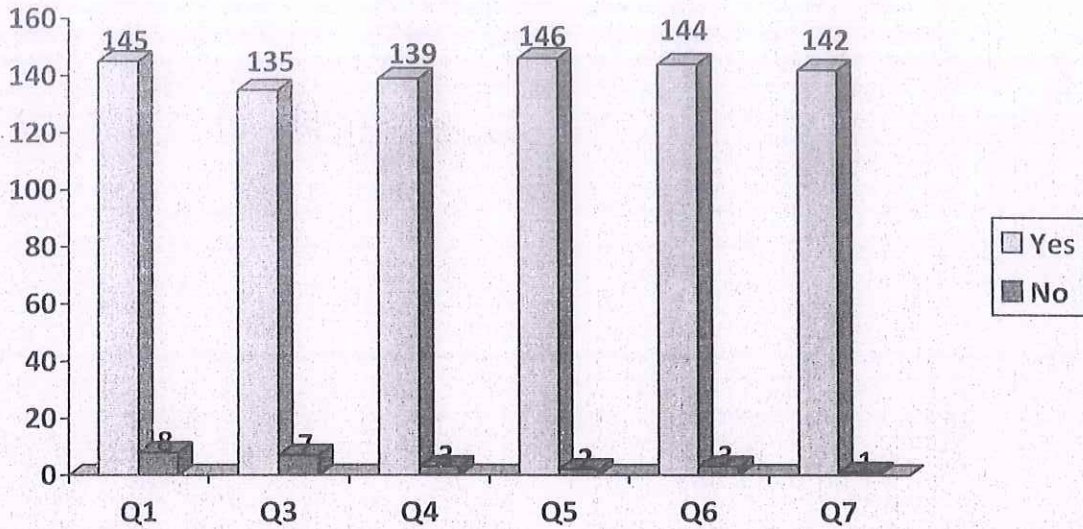


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FEEDBACK RATINGS



[Signature]
Course Coordinator

[Signature]
Head of the Department

[Signature]
Principal

Dr.A. SANKAR M.B.A., M.Phil., Ph.D. - KONGU ARTS AND SCIENCE COLLEGE
Director of Arts and Education (AUTONOMOUS)
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