**Criterion IV – Infrastructure and Learning Resources (100)**

**Key Indicator - 4.1 Physical Facilities (30)**

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| **4.1.2**  **QlM** | ***The institution has adequate facilities for cultural activities, yoga, games (indoor, outdoor) and sports. (gymnasium, yoga centre, auditorium, etc.)***  Describe the adequacy facilities for cultural activities, yoga, games (indoor, outdoor) and sports which include specification about area/size, year of establishment and user rate within minimum of 500 characters and maximum of 500 words  **File Description**   * Upload any additional information * Geotagged pictures * Paste link for additional information | **4** |

Yes, the institution has adequate facilities for cultural activities, yoga, sports and games

**Cultural Activities**

The Fine Arts Club encourages and motivates the talented students to participate in various cultural events. Talent Hunt conducted in the Institution helps to identify and exhibit the talents of the students with adequate training to take part in the cultural competitions. Culture related festivals are celebrated with traditional fervor and enthusiasm.

The open auditorium in the college provides a platform for the students to showcase their talent in the ‘Kongu Cultural Fest’ organized by the institution. Every year, ‘Kongu Cultural Fest’ – An Inter departmental cultural competition is conducted and the winner and runner departments are honored. Major events like Annual Day, Sports Day, Achievers Day and Intercollegiate Competitions are conducted in the auditorium. Every Year, the departments conduct various technical and cultural events in the auditorium and seminar halls.

**Yoga**

“Sound mind in sound body” - It is the basic philosophy behind every success. Yoga, an art and science performed by Indian monks for several thousand years is a boon for entire people on earth to search for beauty of body and mind. A separate yoga center is available at Ramanujan Hall with a floor area of 1920 square feet. Our Institution offers need based yoga training for the students to ensure their holistic development. Yoga sessions are regularly organized in the college. Certified yoga instructors from SKM Mana Vala Kalai Mandram are invited to the college for training the students. Every year, an Outbound training programme for yoga is given to the Students by taking them to Vethathiri Maharishi Kundalini Yoga and Kayakalpa Research Foundation, Pollachi.

Yoga and Meditation Centre functions effectively in the college for achieving the following objectives.

* + - To improve the academic performance of the students with the practice of yoga
    - To enhance the teachers with creative teaching methods through yoga
    - To sideline the stress and anxiety with yogic asanas
    - To organize awareness programmes on yoga

**Sports and Games**

The College has adequate facilities for the development of students. There is an ample space provided for outdoor and indoor games in the college premises. Facilities for the subsequent sports are available in the open grounds.

* Basketball
* Cricket (practicing nets)
* Volleyball
* Throwball
* Kho-kho
* Softball
* Kabbadi
* Badminton

Also, Facilities for the Succeeding indoor games

* Carrom
* Chess
* Table tennis

**Gymnasium**

The College has a fully equipped gymnasium for training and fitness purposes. Gymnasium was established in the year 2006 and has a plinth area of 378.34 square feet. The gymnasium can be utilized by both the Faculty members and the students. The gym and fitness center help players to become more proficient in their respective fields.

**Sports Management and Support System**

In order to support and coordinate sports activities, the college has developed a sports policy and a system for managing sports. The college has a Physical Director and a Directress who coordinate the college sports and games activities, maintain the infrastructure and encourage students to participate in tournaments at the university and intercollegiate levels.

The college offers sports scholarships to encourage sports students. Students under sports quota receive free tuition, housing and uniforms from the institution. Sports students are granted special permissions to attend training sessions and sports competitions.