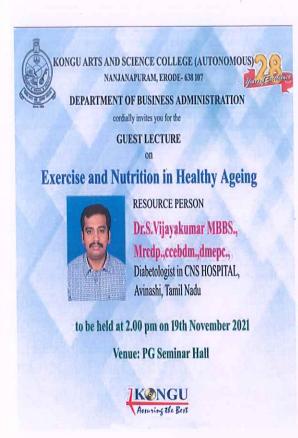


KONGU ARTS AND SCIENCE COLLEGE (AUTONOMOUS) Erode- 638107



Department of Business Administration

Guest Lecture on "Exercise and Nutrition in Healthy Ageing" - 19th November 2021



Department of Business Administration Organized a Guest Lecture upon "Exercise and Nutrition in Healthy Ageing" on 19.11.2021. Mr. M. Arulraja, Assistant Professor of the Department, welcomed the gathering. Dr.M.Thangam, Head of the Department, presided over the gathering. Dr.S.Vijayakumar, Diabetologist, CNS hospital, Coimbatore was the resource person. He had talked about the importance of healthy diet and exercise for healthy life style. He had interacted with the students and answered all their queries. The session was deemed to be highly significant by the beneficiaries. Ms. R. Akalya, Assistant Professor of the Department, proposed vote of thanks.

