

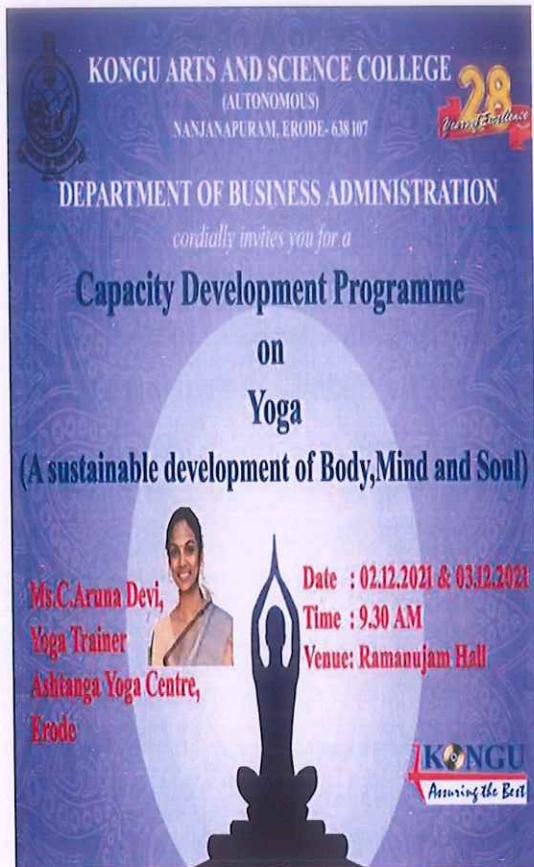


# KONGU ARTS AND SCIENCE COLLEGE (AUTONOMOUS) Erode- 638107

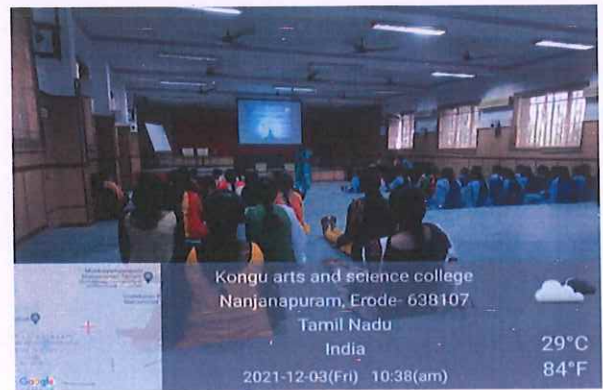
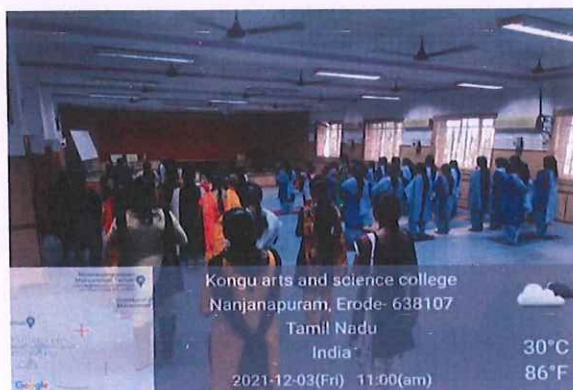


## Department of Business Administration

### Capacity Development Programme on Yoga – 2<sup>nd</sup> & 3<sup>rd</sup> December 2021



A two day yoga session on Capacity Development Programme on Yoga (A sustainable development of Body, Mind and Soul) was organized by the Department of Business Administration on 02.12.2021 and 03.12.2021. Ms.K.V.Shanmugavadivu, Assistant professor of the Department welcomed the gathering on each day. The session was handled by Ms.C.Aruna Devi, Yoga Trainer, Ashtanga Yoga Centre, Erode. The session was really enriching and the students were elated and got the energizing training which helps them for their sustainable development. Totally 150 Students get benefitted. The programme was concluded with a note of gratitude proposed by Dr.M.Thangam, Head, Department of Business Administration.



**Dr. N. RAMAN**  
PRINCIPAL,  
KONGU ARTS AND SCIENCE COLLEGE  
(AUTONOMOUS)  
NANJANAPURAM, ERODE - 638 107