



KONGU ARTS AND SCIENCE COLLEGE
(AUTONOMOUS)
ERODE – 638 107

**REPORT OF THE ORIENTATION PROGRAMME ON QUALITY ISSUES FOR TEACHERS
AND STUDENTS ORGANISED BY THE INSTITUTION**

2020 - 2021

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Faculty Development Programme on Mind Management In the Perspective of Bhagavad Gita



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Internal Quality Assurance Cell (IQAC)
FACULTY DEVELOPMENT PROGRAMME ON
MIND MANAGEMENT
IN THE PERCEPTIVE OF BHAGAVAD GITA
2 June 2020, 11.00 Am.

Resource Person:
SWAMI NIRMALESHANANDA
SECRETARY,
SRMV COLLEGE OF ARTS AND SCIENCE,
COIMBATORE-20.



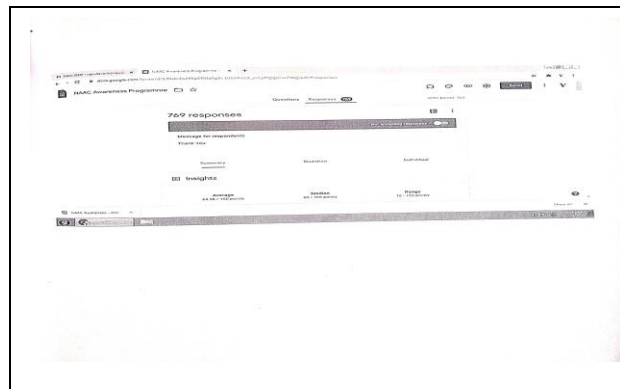
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Faculty Development Programme on Mind Management in the Perspective of Bhagavad Gita was conducted by Swami Nirmaleshananda, Secretary, SRMV College of Arts and Science Coimbatore on 02.06.2020 organised by the Internal Quality Assurance Cell of Kongu Arts and Science College for the faculty members through online mode. The resource person began the talk with an introduction to the nuances of the mind and how it behaves in different situations. He highlighted the various moods of the mind and discussed how mind, body and breath are interrelated. He also noted various finer aspects of mind management and how to have a healthy and sound thought process. The resource person concluded his talk mentioning about various lifestyle tips about eating healthy, staying healthy and sleeping healthy.





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Faculty Development Programme on Happy Teachers Create Happy Workspace



Faculty Development Programme on Happy Teachers Create Happy Workspace was conducted by Ms.N.Vidya, Trainer, Trichy on 05.06.2020 organised by the Internal Quality Assurance Cell of Kongu Arts and Science College for the faculty members through online mode. The resource person began with the statement Happiness is a state of mind, happiness is something that we can control. The issues of unhappy teachers were discussed and solutions were given to the faculty members. She also discussed the meditation in classroom that can be adapted by teachers to help students become more focused and calm. The resource person can also discussed about the three components of classroom management such as Content, Convenient and Conduct.





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DEPARTMENT OF MATHEMATICS

**Learning Outcome Based Education Curriculum
Frame Work**

A one day FDP on “**Learning Outcome Based Education Curriculum Frame Work**” was organized for the Faculty Members on 20.02.2021 by **Dr. M. G. Sethuraman**, Professor of Chemistry & Director (R&D), The Gandhigram Rural Institute (Deemed to be University), Gandhigram – 624 302, Dindigul District, Tamil Nadu under DBT Star College Scheme. The training programme is to master the Faculties in Outcome Based Education Curriculum Framework.

