# A STUDY ON EMPLOYEE'S STRESS MANAGEMENT IN PRIVATE BANKING SECTOR WITH SPECIAL REFERENCE TO TIRUPPUR

#### PROJECT REPORT

A Project Report submitted to the BHARATHIAR UNIVERSITY

in partial fulfillment of the requirements for the award of the Degree of

## MASTER OF BUSINESS ADMINISTRATION

Submitted by

K. VIDHYA

(Reg. No:19PMBA049)

Under the Guidance of

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## KONGU ARTS AND SCIENCE COLLEGE (Autonomous)

Affiliated to Bharathiar University, Coimbatore

Approved by UGC, AICTE, New Delhi & Re-accredited by NAAC

DBT STAR College Scheme

(An ISO 9001:2015 Certified Institution)

Nanjanapuram, Erode - 638107

DECEMBER - 2020

Assuring the Best



### **CERTIFICATE**

This is to certify that the project entitled "A STUDY ON EMPLOYEE'S STRESS MANAGEMENT IN PRIVATE BANKING SECTOR WITH SPECIAL REFERENCE TO TIRUPPUR" submitted to the BHARATHIAR UNIVERSITY, Coimbatore in partial fulfillment of the requirement for the award of the degree of MASTER OF BUSINESS ADMINISTRATION is a record of original research work done by K. VIDHYA (Reg. No: 19PMBA049) during the period 2019-2021 of her study in the Department of Management Science at Kongu Arts and Science College (Autonomous), Erode, under my supervision and guidance and the project has not formed the basis for the award of any Degree / Diploma / Associate ship / Fellowship or other similar title to any candidate of any University.

Faculty Guide

(Mr. P. ARULANANTH)

Head of the Department

(Dr. V. G. SUMATHY)

PRINCIPAL

Internal Examiner

**External Examiner** 

Date of the Viva Voce Examination [9.01.202]