A STUDY ON STRESS MANAGEMENT OF THE EMPLOYEES IN FLYLEAF CLOTHING, TIRUPUR.

PROJECT REPORT

A Project Report submitted to the BHARATHIAR UNIVERSITY

In partial fulfillment of the requirements for the award of the Degree of

MASTER OF BUSINESS ADMINISTRATION

Submitted by

SENTHAMIL SELVAN.C

(Reg. No: 19PMBA040)

Under the Guidance of

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(Autonomous)

Affiliated to Bharathiar University, Coimbatore

Approved by UGC, AICTE, New Delhi & Re-accredited by NAAC,

DBT STAR College Scheme

(An ISO 9001:2015 Certified Institution)

Nanjanapuram, Erode – 638107

DECEMBER - 2020



CERTIFICATE

This is to certify that the project entitled "A STUDY ON STRESS MANAGEMENT OF THE EMPLOYEES IN FLYLEAF CLOTHING, TIRUPUR" submitted to the BHARATHIAR UNIVERSITY, Coimbatore in partial fulfilment of the requirement for the award of the degree of MASTER OF BUSINESS ADMINISTRATION is a record of original research work done by C.SENTHAMIL SELVAN (Reg. No.:19PMBA040) during the period 2019-2021 of his study in the Department of Management Science at Kongu Arts and Science College (Autonomous), Erode, under my supervision and guidance and the project has not formed the basis for the award of any Degree / Diploma / Associate ship/ Fellowship or other similar title to any candidate of any University.

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Date of the Viva Voce Examination