

NATIONAL SERVICE SCHEME
KONGU ARTS AND SCIENCE COLLEGE (AUTONOMOUS)
 NANJANAPURAM, ERODE – 638 107. TAMILNADU

INTERNATIONAL DAY OF YOGA ACTIVITIES 2018-19

S.No.	Date	Name of the Activity
1.	18.06.2018	An Awareness Pledge was taken by our volunteers with regards to "International Day of Yoga"
2.	19.06.2018	Yoga demonstration was given to NCC Cadets and NSS Volunteers
3.	19.06.2018	International Day of Yoga Awareness Rally was conducted in rural areas
4.	20.06.2018	Awareness Competitions was conducted for International Day of Yoga
5.	21.06.2018	International Day of Yoga celebrations



18.06.2018 - Awareness Pledge



19.06.2018 - Yoga Demonstration



19.06.2018 – Awareness Rally



20.06.2018 Yoga Essay Writing Competitions



21.06.2018 International Day of Yoga Celebrations

